



Personal Service & Professional Care

66 Otho Street
INVERELL 2360
Ph: 02 6722 3089
www.campbellandfreebairn.com.au



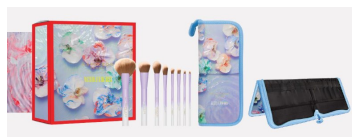
38 Albury Street
ASHFORD 2361
Ph: 02 6725 4013
Fax:

napoleon
PERDIS

Napoleon Perdis WRAP-TURE! Holiday 2022 Collection

The Expressionist 8 piece brush set \$129

**Technicolour Rebel Eye & Cheek
Palette \$65**



**Hyper Gaze
Eye & Cheek
Palette
\$65**



Utopia Bloom Cheek Switch Crème

Highlight Stick \$49

Hypnotic Shine Lip Glaze Trio

\$39



**Colour Odyssey Lip Colour &
Polish**

\$75

Swept Away Makeup Duo \$49

Opulent Mirage Prep Trio \$105



Call in and see Brendon, Emma, Justine, Annie Jane, Erica, Suzanne, Logan, Lisa, Liz, Cassie, Trista, Renae, Jane, Kelly F, Sue, Sarah T, Sarah M, Kellie Mc, Montana, Gabby, Fiona, Shannon, Karen, Deb, Jenny, Mikayla, Paige, Annalisa, Sonia, Greg, Johnle, Phoebe, Heidi, Bindi., Charlotte D, Matilda, Amber, Simone Tiarna, and Trudy.

Free Home Delivery Inverell Monday to Friday
Phone your delivery order in by 2pm, where able.
6722 3089



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66 Otho Street
INVERELL 2360
Ph: 02 6722 3089
Fax: 02 6721 0027
Email: brendon@mooc.com.au
emma@mooc.com.au



38 Albury Street
ASHFORD 2361
Ph: 02 6725 4013
Fax: 02 6725 4340

November 2022

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We continue to see patients with severe allergies. We can offer a full range of treatments. Please come and speak to us; don't suffer!

Although the weather is warming up we know there is still Covid in our community. Please check out the Nexgen Immune information on Page 3. Social distancing, good hand hygiene and staying home if unwell are still valuable prevention measures.

Our current Catalogue runs from 3rd November until 25th November. Purchase any item from the catalogue and enter online to WIN a DeLonghi Coffee Machine & 1kg Coffee valued at \$678.00

**Healthy regards, Brendon,
Emma & Justine**

- Christmas Ideas**
- Incrediwear: supports and treats pain
 - Blood Pressure monitor
 - Moo Goo skincare range
 - Revitive Ultrasound Device

Thank you for supporting our 100% **locally owned** and operated Pharmacy!
Open 8.30am to 6pm Monday to Friday and every Saturday 8.30am to 12.30pm

Fragrance



For Her: **Abercrombie & Fitch
Away Tonight** 30ml EDP \$40
100ml EDP \$63

**Oscar de la Renta
Bella Night** Natural Spray 100ml \$70



For Him: **Cristiano Ronaldo CR7 Play it Cool**
100ml EDT \$59.95



Cristiano Ronaldo CR7 Game On
EDT 100ml \$50



Food and Heart Health Myths

Omega-6 fats can cause inflammation.....?

Omega-6 is found in nuts, seeds and their oils (sunflower, safflower, sesame, canola and olive oils).

There are myths that Omega-6 fats promote inflammation and increase heart disease risk.

What are the facts? Omega-6 is an essential fatty acid. The body cannot make it naturally and we need to eat food sources to get Omega-6 into our bodies. Research has not found a link between inflammation and Omega-6.

Can Omega-6 be a part of a heart healthy diet?

The evidence strongly supports the benefits of polyunsaturated fats (PUFAs), including Omega-6 polyunsaturated fats in a heart healthy diet.

ETHICAL NUTRIENTS

PROFESSIONAL NATURAL MEDICINES

Ethical Nutrients **CLINICAL**

Ethical Nutrients Clinical is a specialist range of evidence-based products, designed for use by healthcare practitioners to achieve therapeutic patient outcomes.

NEXGEN IMMUNE

NEXGEN Immune is a triple-action formula designed to build immune resilience, fight common cold infection symptoms and ensure a healthy recovery from illness. It strengthens the body's immune defences, while addressing other factors that affect immune health, including stress and key nutrient intake.

NexGen Immune contains Reishi to help fight infection via antigen recognition, Astragalus to help with stress and recovery, as well as Vitamins C & D to build immune resilience. It also uniquely contains EGCG from Green Tea along with Zinc, to boost intra-cellular defences.

This product is vegetarian friendly.

Dose: (Adults 18+)

For immune resilience: Take 1 tablet daily with food.

For infection* relief: Take 1 tablet twice daily with food.

Or as directed by your pharmacist or healthcare practitioner

*Infection refers to the common cold & upper respiratory tract infections. If symptoms persist, consult your pharmacist or healthcare professional. Vitamin and mineral supplements should not replace a balanced diet.